

## BODY CARE

MEI DOLCE VITA 60' 120€  
Radiance and revitalizing - Citrus scrub followed by application of silky cream

MEI BOTANICAL 60' 120€  
70' corpo e viso 140€  
Detoxifying and regenerating - Calendula scrub followed by application of elasticizing cream

ALGAE PACK \* 25' 45€  
Stimulates the metabolism and reduces lymphatic stagnation

MUD PACK \* 25' 45€  
Reactivates circulation and purifies the skin of toxins

\* Spa advice : ideal combined with a draining or shaping massage

BIOSAUNA (for one or two people) 25' 35€  
Based of the heat produced by infrared rays; it's suitable for all ages since stimulates the immune system

BIODREAM 14' 25€  
21' 35€  
33' 45€

An integrated bio-synchronised system for gentle pneumatic massage , chromotherapy, systemic hyperthermia , music therapy and light therapy, personalized according to your needs (detox, jet-lag, sleep disturbance)

OPEN DAILY  
2 pm - 8 pm

For reservation call internal number 150 or go directly to the Spa reception

FITNESS ROOM 7am - 22pm  
SAUNA - TURKISH BATH 3pm - 8pm

Kids 2pm - 5.30pm

Cell Phon in silent mode

Cacellation must be made at least 12 hours in advance; otherwise the amount will be charted

Late arrival will result in a shorter treatment.

Please inform our staff in advance in case of pregnancy or for any issues or allergies.

We are available to offer you customized services.

We wish you a great stay



Mei  
La scelta più naturale



## FACIAL CARE

**MEI LIFTING** 70' 125€  
Redensifying and plumping treatment which, thanks to the mix of essential oils and the targeted massage, promotes a natural lifting

**MEI ANTIAGE** 50' 95€  
Treatment regenerating made with hyaluronic acid and the colloidal silver to prevent and reduce the signs of skin ageing

**MEI MOISTURIZING** 50' 90€  
Treatment moisturizing made with aloe vera and hamamelis that hydrates the skin giving new vitality

**ROSEMEI SOOTHING** 50' 90€  
Persian rose treatment that calms and soothes delicate, sensitive and couperose skin

**MEI EYES** 25' 55€  
Specific treatment for the eye area which, by reducing shadows ...gives a rested look

**CLASSIC FACE CLEANSING** 50' 90€



## RELAXING MESSAGES

**AROMA RELAX** 50' 85€  
Relax body and mind with the use of essential oils and with slow, gentle movements

**CHOCOLATE SCENT** 50' 85€  
Massage that provides a feeling of complete well-being and revitalizes the skin

**HOT STONE** 50' 105€  
70' 140€  
The heat from the hot basalt stones in combination with the high quality essential oils provides new energy, freeing the body from tension and stress

**AYURVEDA ABHYANGA** 70' 120€  
Based on the very ancient technique from India, this massage relaxs, calms and rebalances the energy flow

**ABHYANGA WITH PINDASWEDA** 80' 140€  
Massage in combination with bags of healing herbs which are pressed all over the body for the doubly relaxing effect

## RELAXING COUPLE MASSAGE

50' + 20' RELAX 200€

The pleasure of a moment to spend together in the warm and fragrant atmosphere of our "Oasi" cabin, gladdened by small delicacies.

## CLASSIC MESSAGES

**TENSION-RELIEVING/SPORTS** 50' 90€  
80' 130€  
Ideal after physical activity, it helps the body to relieve contractions and alleviate tension in muscles

**TRADITIONAL** 50' 85€  
80' 125€  
Set of techniques aimed at relaxing muscles of the entire body

**DRAINING** (indicated in pregnancy) 50' 85€  
Stimulates lymph circulation and drains excess fluid

**SHAPING** 50' 90€  
Reactivates the blood circulation, re-oxygenates the tissues, reshaping the figure (thighs, hips and belly)

**FOR THE BACK** 50' 80€  
Immediate sensation of well-being given by a targeted massage enhanced by an arnica compress

**PARTIAL** 25' 60€  
Back / legs / neck / face / head / feet

**FOR KIDS** up to the ten years 25' 50€

## BEAUTY SERVICES

**MANICURE** 40€  
with scrub and nourishing pack 60€

**PEDICURE** 50€  
with scrub and nourishing pack 70€

**EPILATION** from 15€ to 50€